

September
2019



Web: www.alzbermuda.com
Email: alzbermuda@yahoo.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	Public Holiday - No Activities Today	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 11:45AM - 1PM Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 2:30PM Games with Lorraine	
8	9	10	11	12	13	14
	PEACE LUTHERAN HALL 11AM - 12:15PM Music with Tony	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 11:45AM - 1PM Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 2:30PM Games with Lorraine	
15	16	17	18	19	20	21
	PEACE LUTHERAN HALL 11AM - 12:15PM Music with Tony	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 11:45AM - 1PM Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 2:30PM Games with Lorraine	WORLD ALZHEIMER'S DAY #WorldAlzMonth #LetsTalkAboutDementia
22	23	24	25	26	27	28
AAD FAMILY SUPPORT MEETING 4:30pm - 5:30pm Markel House, Front Street, Hamilton	PEACE LUTHERAN HALL 11AM - 12:15PM Music with Tony	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 11:45AM - 1PM Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 2:30PM Games with Lorraine	
29	30	1	2	3	4	5
	PEACE LUTHERAN HALL 11AM - 12:15PM Music with Tony					