

# October 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	<b>PEACE LUTHERAN HALL</b> 11AM - 1PM Music with Tony Movement to Music with Paul	<b>WINDREACH *</b> 2PM - 4PM Boccia Ball	<b>WINDREACH *</b> <i>Spa Morning</i> 11AM - 1PM  11:15AM - 12 Noon Older Adult Seated Exercise Class  1PM - 3PM Music & Drumming	<b>PEACE LUTHERAN HALL</b> 11AM - 1PM Music with Tony Joaky Ball w/Dennis  <b>WINDREACH *</b> 2PM - 4PM Horticulture, Arts & Crafts	<b>ST. PAUL'S CATHEDRAL PAGET</b> 1PM - 3PM Holistic Chair Yoga with Kerri, Arts & Crafts/Games	
7	8	9	10	11	12	13
	<b>PEACE LUTHERAN HALL</b> 11AM - 1PM Music with Tony Arts & Crafts with Jane	<b>WINDREACH *</b> 2PM - 4PM Boccia Ball	<b>WINDREACH *</b> 11:15AM - 12 Noon Older Adult Seated Exercise Class  1PM - 3PM Music & Drumming	<b>PEACE LUTHERAN HALL</b> 11AM - 1PM Music with Tony Joaky Ball w/Dennis  <b>WINDREACH *</b> 2PM - 4PM Horticulture, Arts & Crafts	<b>ST. PAUL'S CATHEDRAL PAGET</b> 1PM - 3PM Holistic Chair Yoga with Kerri, Arts & Crafts/Games	
14	15	16	17	18	19	20
<b>FAMILY SUPPORT MEETING</b> 4:30pm Charity Office, 16 Burnaby Street, Hamilton	<b>PEACE LUTHERAN HALL</b> 11AM - 1PM Music with Tony Movement to Music with Paul	<b>WINDREACH *</b> 2PM - 4PM Boccia Ball	<b>WINDREACH *</b> <i>Spa Morning</i> 11AM - 1PM  11:15AM - 12 Noon Older Adult Seated Exercise Class  1PM - 3PM Music & Drumming	<b>PEACE LUTHERAN HALL</b> 11AM - 1PM Music with Tony Joaky Ball w/Dennis  <b>WINDREACH *</b> 2PM - 4PM Horticulture, Arts & Crafts	<b>ST. PAUL'S CATHEDRAL PAGET</b> 1PM - 3PM Holistic Chair Yoga with Kerri, Arts & Crafts/Games  6pm - 8:30pm <b>RUM TASTING EVENING</b> at BAMZ, Flatts tickets from <a href="mailto:alzbermuda@yahoo.com">alzbermuda@yahoo.com</a>	
21	22	23	24	25	26	27
	<b>CHRISTCHURCH, WARWICK</b> 11AM - 1PM Music with Tony Arts & Crafts with Jane	<b>WINDREACH *</b> 2PM - 4PM Boccia Ball	<b>WINDREACH *</b> 11:15AM - 12 Noon Older Adult Seated Exercise Class  1PM - 3PM Music & Drumming	<b>CHRISTCHURCH, WARWICK</b> 11AM - 1PM Music with Tony Joaky Ball w/Dennis  <b>WINDREACH *</b> 2PM - 4PM Horticulture, Arts & Crafts	<b>ST. PAUL'S CATHEDRAL PAGET</b> 1PM - 3PM Holistic Chair Yoga with Kerri, Arts & Crafts/Games	
28	29	30	31	1	2	3
	<b>PEACE LUTHERAN HALL</b> 11AM - 1PM Music with Tony Halloween Arts & Crafts with Jane	<b>WINDREACH *</b> 2PM - 4PM Boccia Ball	<b>HAPPY HALLOWEEN!</b> <b>WINDREACH *</b> 11:15AM - 12 Noon Older Adult Seated Exercise Class  1PM - 3PM Music & Drumming			