

OCTOBER 2021



SUN	MON	TUES	WED	THURS	FRI	SAT
					1	2
3	4 <i>Music for Memories</i> 11am - 12pm Zoom ID : 867 6215 7009 Password: AAD2021	5 <i>Chair Exercises</i> 2pm - 2:45pm Zoom ID : 821 9070 2410 Password: AAD2021	6	7 <i>Music for Memories</i> 11am - 12pm Zoom ID : 867 6215 7009 Password: AAD2021	8	9
10	11 <i>Music with Hayley</i> 11am - 12pm Zoom ID : 867 6215 7009 Password: AAD2021	12 <i>Chair Exercises</i> 2pm - 2:45pm Zoom ID : 821 9070 2410 Password: AAD2021	13	14	15	16
17	18	19 <i>Chair Exercises</i> 2pm - 2:45pm Zoom ID : 821 9070 2410 Password: AAD2021 <i>Film: The Father at BUEI at 5:30pm and 8pm.</i>	20 <i>Film: Elizabeth is Missing at BUEI at 5:30pm and 8pm.</i>	21	22	23
24	25 <i>Music with Hayley</i> 11am - 12pm Zoom ID : 867 6215 7009 Password: AAD2021	26 <i>Chair Exercises</i> 2pm - 2:45pm Zoom ID : 821 9070 2410 Password: AAD2021	27	28 <i>Music for Memories</i> 11am - 12pm Zoom ID : 867 6215 7009 Password: AAD2021 <i>AAD Support Group Meeting 6pm Zoom Details TBC.</i>	29	30
31						