

Community Activity Programs for November 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	11AM - 12PM MUSIC FOR MEMORIES WITH TONY B Peace Lutheran Hall		10:30AM - 11:15AM ACTIVELY AGING WITH FRANCES Seated Chair Exercise at Peace Lutheran Hall	11AM - 12PM MUSIC FOR MEMORIES WITH TONY B Peace Lutheran Hall	10:30am - 12 noon ART WITH KENDRA Masterworks Foundation at the Botanical Gardens	
8	9	10	11	12	13	14
	11AM - 12PM MUSIC FOR MEMORIES WITH TONY B Peace Lutheran Hall		Remembrance Day Public Holiday No activities today	11AM - 12PM MUSIC FOR MEMORIES WITH TONY B Peace Lutheran Hall		
15	16	17	18	19	20	21
	11AM - 12PM MUSIC FOR MEMORIES WITH TONY B Peace Lutheran Hall		10:30AM - 11:15AM ACTIVELY AGING WITH FRANCES Seated Chair Exercise at Peace Lutheran Hall	11AM - 12PM MUSIC FOR MEMORIES WITH TONY B Peace Lutheran Hall	10:30am - 12 noon ART WITH KENDRA Masterworks Foundation at the Botanical Gardens	
22	23	24	25	26	27	28
4.00 - 5:00 PM AAD ONLINE SUPPORT GROUP MEETING with Marie Fay Via Zoom using Meeting ID: 717 1668 0621	11AM - 12PM MUSIC FOR MEMORIES WITH TONY B Peace Lutheran Hall		10:30AM - 11:15AM ACTIVELY AGING WITH FRANCES Seated Chair Exercise at Peace Lutheran Hall	11AM - 12PM MUSIC FOR MEMORIES WITH TONY B Via Zoom using Meeting ID: 893 2853 4812, Password AAD2020		
29	30	<p>Our popular Monday & Thursday community programs continue at Peace Lutheran Hall with Jane and Tony, Wednesday morning seated chair exercise class with Frances of Actively Ageing, and the resumption of Art with Kendra at Masterworks twice a month. There are no activities on 11 November due to the public holiday, and on 26 November Music for Memories will be held via Zoom as Peace Lutheran is not available for that one day.</p> <p>All our programs are offered free of charge. No pre-registration is required, however, you must follow our guidelines and covid protocols when attending any of these programs.</p>				
	11AM - 12PM MUSIC FOR MEMORIES WITH TONY B Peace Lutheran Hall					