

June
2019



Action on Alzheimer's & Dementia

Web: www.alzbermuda.com

Email: alzbermuda@yahoo.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2	3	4	5	6	7	8
	PEACE LUTHERAN HALL 11AM - 12:15PM Music with Tony	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 11:45AM - 1PM Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 2:30PM Holistic Chair Yoga with Kerri	
9	10	11	12	13	14	15
	PEACE LUTHERAN HALL 11AM - 12:15PM Music with Tony	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 11:45AM - 1PM Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 2:30PM Holistic Chair Yoga with Kerri	
16	17	18	19	20	21	22
	 PUBLIC HOLIDAY No Activities Today	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 11:45AM - 1PM Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 2:30PM Holistic Chair Yoga with Kerri	
23	24	25	26	27	28	29
AAD FAMILY SUPPORT MEETING 4:30pm - 5:30pm Markel House, Front Street, Hamilton	PEACE LUTHERAN HALL 11AM - 12:15PM Music with Tony	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 11:45AM - 1PM Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 2:30PM Holistic Chair Yoga with Kerri	