

February
2019



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
					ST. PAUL'S, PAGET 1PM - 3PM Holistic Chair Yoga with Kerri, Arts & Crafts/Games	
3	4	5	6	7	8	9
	PEACE LUTHERAN HALL 11AM - 1PM Music with Tony Arts & Crafts with Lorraine	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 11AM - 1PM Music with Tony Joaky Ball w/ Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 3PM Holistic Chair Yoga with Kerri, Arts & Crafts/Games	BPS - Eastern Community Action Team's Seniors Awareness Event 10AM - 2PM St. Mark's Church Hall, 53 South Shore Road, Smiths (RSVP required)
10	11	12	13	14	15	16
	CHRISTCHURCH, WARWICK 11AM - 1PM Music with Tony Arts & crafts with Lorraine	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	CHRISTCHURCH, WARWICK 11AM - 1PM Music with Tony Joaky Ball w/ Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	WINDREACH * 10AM - 2PM Boccia Ball Tournament (Teams of 4 plus 1 reserve - entry deadline 7 Feb) ST. PAUL'S, PAGET 1PM - 3PM Holistic Chair Yoga with Kerri, Arts & Crafts/Games	
17	18	19	20	21	22	23
AAD FAMILY SUPPORT MEETING 4:30pm - 5:30pm Markel House, Front Street, Hamilton	PEACE LUTHERAN HALL 11AM - 1PM Music with Tony Arts & Crafts with Lorraine	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 11AM - 1PM Music with Tony Joaky Ball w/ Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	Digicel/BTC 1st Annual Health Fair 11AM - 2PM 52 St. John's Road (across from Auto Solutions) ST. PAUL'S, PAGET 1PM - 3PM Holistic Chair Yoga with Kerri, Arts & Crafts/Games	
24	25	26	27	28	1	2
	PEACE LUTHERAN HALL 11AM - 1PM Music with Tony Arts & Crafts with Lorraine	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 11AM - 1PM Music with Tony Joaky Ball w/ Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts		