

**April
2019**



**Action on Alzheimer's
& Dementia**

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
	CHRISTCHURCH, WARWICK 11AM - 12:15PM Music with Tony	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	CHRISTCHURCH, WARWICK 11:45AM - 1PM Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 3PM Holistic Chair Yoga with Kerri, Arts & Crafts/Games	
7	8	9	10	11	12	13
	CHRISTCHURCH, WARWICK 11AM - 12:15PM Music with Tony AZ Family Support Group 5:30-6:30PM 1st floor conference room, KEMH, Point Finger Road	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	CHRISTCHURCH, WARWICK 11:45AM - 1PM Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 3PM Holistic Chair Yoga with Kerri, Arts & Crafts/Games	Xtreme Sports Games 2019 @PHC field, Warwick 11am - 6pm Support Team Argo who have chosen AAD as their charity of choice
14	15	16	17	18	19	20
AAD FAMILY SUPPORT MEETING 4:30pm - 5:30pm Markel House, Front Street, Hamilton	PEACE LUTHERAN HALL 11AM - 12:15PM Music with Tony	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 11:45AM - 1PM Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	PUBLIC HOLIDAY  No activities today	
21	22	23	24	25	26	27
	PEACE LUTHERAN HALL 11AM - 12:15PM Music with Tony	WINDREACH * 2PM - 4PM Boccia Ball	WINDREACH * 11:15AM - 12 Noon Older Adult Seated Exercise Class 1PM - 3PM Music & Drumming	PEACE LUTHERAN HALL 11:45AM - 1PM Joaky Ball w/Dennis WINDREACH * 2PM - 4PM Horticulture, Arts & Crafts	ST. PAUL'S, PAGET 1PM - 3PM Holistic Chair Yoga with Kerri, Arts & Crafts/Games	
28	29	30	1	2	3	4
	PEACE LUTHERAN HALL 11AM - 12:15PM Music with Tony	WINDREACH * 2PM - 4PM Boccia Ball				

